

Rural Health Training Centre (RHTC) Annual Report

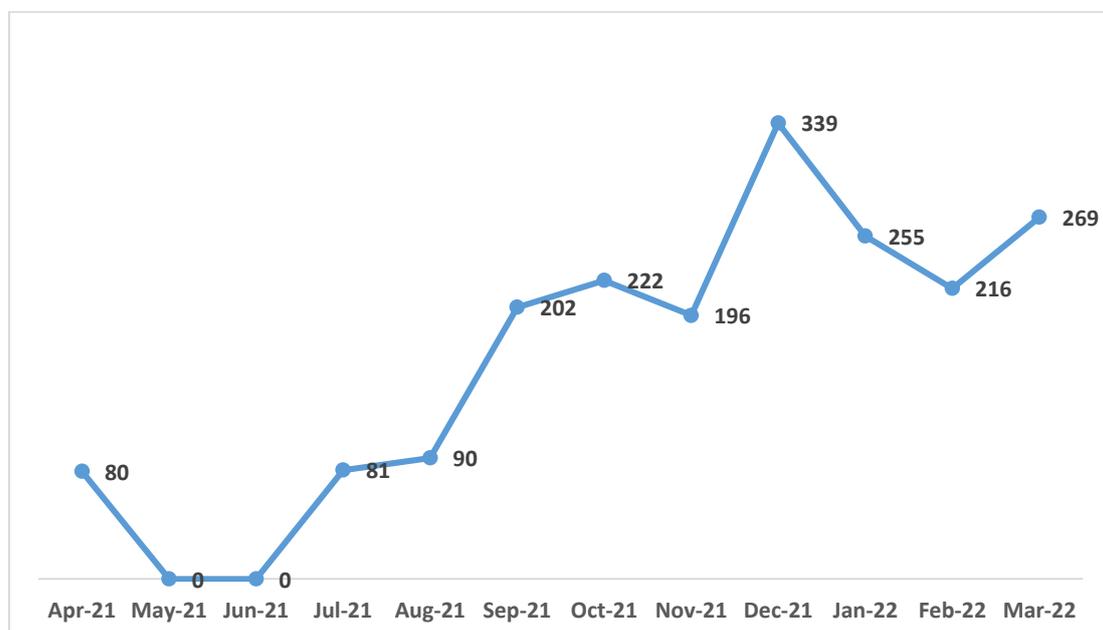
All India Institute of Medical Sciences, AIIMS Bibinagar – an Institute of National Importance commenced its outreach activities in Primary Health Centre (PHC) of Bommalaramaram in 2021. The facility was considered the Rural Health Training Centre (RHTC) for AIIMS due to its proximity to the institution and a considerable rural population of 38,831 as the 2011 census. It consists of seven subcentres – Bommalaramaram, Malyala Cheekatimamidi, Jalalpur, Mailaram, Ramalingampally and Laxmithanda and around 48 villages.



OPD Services

The out-patient department commenced on 18th March 2021. For the year 2021-22 i.e. 01/04/21 – 31/03/22, a total of 2422 cases were treated at the RHTC which includes 1950 patients from the OPD, 120 cases seen by Department of Pediatrics and 352 cases treated via different health camps. The majority of the cases are from the nearby villages of Bommalaramaram, Malyala, Hajipur and Cheekatimamidi. The cases involve central nervous system disorders, cardiovascular disorders, and gastrointestinal and respiratory ailments.

Figure 01: Total number of patients attending the RHTC OPD



Outreach Activities

Apart from the regular OPD services, specialist out-patient services for psychiatry and pediatrics commenced in the RHTC every Tuesday and Wednesday, respectively. Various health camps are also being conducted at regular intervals to increase the awareness and reach among the general public regarding the availability of services.

The following activities were conducted in the past year:

Date	Events
06/02/21	T-shirt Distribution programme under <i>Swacchh Bharat Abhiyan</i>
08/03/21	Women's Day - Sanitary napkin distribution programme
01/08/21 – 07/08/21	World Breastfeeding Week
15/09/21	Sepsis Awareness Week
14/12/21	Health Camp
05/03/22	ENT Camp
24/03/22	World TB Day

Activities under Swacchh Bharat Abhiyan have been conducted at the RHTC. On 06th February 2021, a T-shirt distribution programme was organized for the health care workers and ASHA workers. The attendees were distributed with t-shirts that had the Swachata logo printed on them, developed by students of AIIMS Bibinagar to spread awareness about cleanliness around their area. Moreover, on 08th March 2021, on Women's Day, a health education session and sanitary napkin distribution programme were organized for adolescent girls and ASHA workers at Zila Parishad High School, Jalalpur in Bommalararam Mandal. The programme provided an opportunity to distribute sanitary napkins to over 70 adolescent girls in the school and about 37 ASHA workers. The attendees were distributed Swachata pamphlets to spread awareness about cleanliness around their area.





T-shirt distribution programme conducted at RHTC in presence of the Executive Director Dr. Vikas Bhatia – 06/02/21

On the eve of World breastfeeding week (1st – 7th August 2021), the departments of Paediatrics, Obstetrics & Gynaecology, and Community & Family medicine organized a session engaging antenatal women, lactating mothers and their children in the RHTC. The nursing officers presented a skit in the vernacular language highlighting the importance of breastfeeding and addressing the socio-cultural myths surrounding breastfeeding. Faculties from the Department of Paediatrics addressed the audience, emphasizing the importance of preparedness and education of women in carrying forward breastfeeding successfully in the community. The community & family medicine department highlighted the social responsibility of family members. A one-to-one session addressed the problems mothers and antenatal women faced, and counselling was also arranged. Pamphlets containing information on the do's and do not's of breastfeeding were distributed to mothers.



Faculties and health care workers attending the World Breastfeeding Week conducted in the month of August, 2021.

Sepsis awareness week was conducted on 15th September in collaboration with the Department of Anesthesiology and Paediatrics at the RHTC, where the importance of early identification and treatment of sepsis was discussed with the health care workers and the general population public. Apart from the above, a handwashing demonstration and IEC activities were conducted for 40 post-natal mothers and 40 adolescent school children.

Faculties and health care workers attending the Sepsis Awareness week conducted on 15th September, 2021.



A health camp was also conducted on 14th December 2021 at the RHTC, which saw an inflow of 246 patients, with 41 patients being referred inter-department. The patients were provided with free health check-ups and medicines. Patients from 39 villages attended the health camp, with the significant inflow being from Bommalaramaram (33.79%), followed by Malyala (8.01%) and Maisiredipally (5.22%). The majority of patients belonged to 41-60 years (30.31%), followed by the elderly (27.17%).



The organizing team for the health camp conducted on 14th December, 2021.

On the occasion of World Hearing Day on 05th March 2022, the Department of Community and Family Medicine, in collaboration with the Department of ENT, conducted an ENT camp at the RHTC, attended by 65 patients.



ENT camp conducted on 05th March, 2022

The community & family medicine department also observed TB day awareness on 24th March 2022 at RHTC. A total of 38 members of the general public and Students (XII class) actively participated in the event and were made aware of the signs & symptoms, how to diagnose and manage TB, and various Government schemes available for TB patients. Issues regarding the burden of TB, appropriate data - worldwide, Indian and region-wise, and also nearest available

services, KAP approach for management of TB were addressed. Group discussion happened 10-15 min after the health talk, and everyone actively participated. The teams of ASHAs shared their personal experiences and issues during the field visits, and they were taken into consideration to be solved shortly.



World TB Day being observed at the RHTC amongst general public and students

Research Activities

Apart from the health care services, RHTC is focused on providing ample opportunities for research and many projects are currently being undertaken.