

## International Yoga day at AIIMS, Bibinagar.

Message from Dr Vikas Bhatia Sir (Executive Director AIIMS Bibinagar) on International Yoga day. Yoga is a light which once lit will never dim, the better your practice the brighter your flame” – B.K.S. Iyengar. Wishing all a happy and healthy International Yoga Day 21 June 2020, 1st Yoga Day Celebrations on International Yoga day at AIIMS, Bibinagar (Hyderabad)

Venue : Peacock Park, AIIMS campus. In forest area of our Institute. Yoga With few faculty, staff, security, In the middle of the woods, greens, birds and peacocks. Rejuvenating early morning breeze at 6 30 with calm and peaceful natural surroundings. Students celebrating at respective homes with families.

Congrats to team for excellent work.

Stay fit Keep smiling

Love creations of the nature

