

WEBINAR ON FRONT-OF-PACK LABELLING & CHILDREN'S HEALTH

October 25, 2021

AIIMS Bibinagar in conjunction with AIIMS Rishikesh and the National Institute of Nutrition (NIN), Hyderabad conducted a webinar on “Front-of-pack Labelling & Children’s Health” on October 25th, 2021. The main objective of the webinar was to address the issues concerning need to adopt regulatory policies for front-of-pack labelling (FOPL) based on scientific evidence and



promotion of healthy eating habits to address rising concern of non-communicable diseases. The event was inaugurated by the Executive Director of AIIMS Bibinagar, Dr. Vikas Bhatia in the presence of Dean Dr. Rahul Narang, Dr. Neeraj Agarwal, MS & Head of the Department of Community Medicine and Family Medicine, Dr. Rashmi Kundapur, Principal Investigator & Additional Professor, Department of CM & FM, AIIMS Bibinagar and Dr. Bhushan kamble, Co-investigator & Asst. Professor, Dept. of CM & FM. Many issues pertaining to FOPL were addressed by eminent speakers from many prestigious institutes of India. Dr. Vikas Bhatia threw light on the increased prevalence of obesity and faulty consumption among children, while Dr. N. Arlappa, Scientist-F, Division of Community Studies, NIN addressed the trends of overweight obesity. The marketing of packaged foods and its nutritional impact on children was dealt with Dr. Sumathi Swaminathan from St. John’s Research Institution, Bengaluru and Dr. Madhavi Bhargav from Centre of Nutrition studies, Yenoya University, Mangalore delivered the information on thinness and stunting in adolescents. The whole session was streamed live on YouTube and received around 500 active participation from viewers. The



programme was marked as a beginning of such endeavours to be followed in the future and result in a change in the FOPL scenario of India.



