

AIIMS Bibinagar celebrated National Sports Day 2025

AIIMS Bibinagar celebrated National Sports Day 2025 on 29th August, under the esteemed guidance of the Executive Director Dr. (Prof.) Ahentham Santa singh, with the support of Dean (Academics) Dr. (Prof.) Nitin Ashok John and Medical Superintendent Dr. Abhishek Jagdishchandra Arora. The celebration commemorated the birth anniversary of hockey legend Major Dhyan Chand and aimed to promote fitness, teamwork, and sportsmanship among students, faculty, and staff. Dr. C Mrudula, Dr. Kalyani SDL, Dr. Aparna Varma, and Dr. Govind KN graced the occasion, motivating students to balance fitness with academics. A series of engaging activities—including Fit India pledge, skipping, push-ups, wall-chair challenge, and tug of war—brought out enthusiastic participation. In addition, a yoga demonstration by Dr Y Sailu emphasized the role of wellness in maintaining a healthy lifestyle. The celebration concluded with a message to embrace the spirit of fitness, discipline, and teamwork in everyday life. The event was organized by the National Sports Day Committee members Dr Syama Sundar, Dr Vijay, Dr Rekha, Mr Saravanan, AIIMS Bibinagar.









