

The Department of Psychiatry in collaboration with the College of Nursing at AIIMS Bibinagar organized a series of activities to mark Suicide Prevention Week

Under the leadership of Executive Director Prof. Dr. Ahanthem Santa Singh, Dean Academics Dr. Nitin Ashok John and Medical Superintendent Dr. Abhishek Arora, the Department of Psychiatry in collaboration with the College of Nursing at AIIMS Bibinagar organized a series of activities to mark Suicide Prevention Week, aimed at raising awareness and promoting mental well-being within the campus and surrounding communities. As part of the initiative, “Gatekeeper Training Programs” were conducted for various groups, including MBBS students and nursing students of AIIMS Bibinagar, as well as degree students from TGSWRDC Mahendrahills. These sessions were designed to empower participants with the knowledge and skills to recognize early warning signs of suicide and provide appropriate support or referrals, thus encouraging a community-based approach to suicide prevention. In accordance with current trends, a “Selfie point” was also set up in the OPD foyer, which featured a QR code linking to IEC materials on common mental illnesses. On the evening of 9th September 2025, students of AIIMS Bibinagar held a “Flashlight event” on campus to honour lives lost to suicide and to raise awareness about the importance of mental health support. On 10th September 2025, two creative role plays were performed in the OPD foyer of AIIMS Bibinagar for the benefit of the general public. The first, presented by students of TGSWRS & JC, Jagathgiri Gutta, was titled "Pushpa: Thaggede Le to Life"—a powerful performance using a popular Telugu cinematic theme to convey messages of resilience and the value of life. The second role play, was performed by the nursing students of AIIMS Bibinagar and focused on emotional struggles, peer support, and encouraging people to seek help. These activities were designed not only to educate but also to aimed to reduce stigma and promote a culture of mental health awareness and suicide prevention.







