



INVICTUS



Invictus

Always The Winners

Third Edition

All India Institute of Medical Sciences
BIBINAGAR

AIIMS

Bibinagar, Hyderabad

2023



INVICTUS

Third Edition

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Shri (Dr.) Mansukh Mandaviya

Hon'ble Union Minister of
Health & Family Welfare
and Chemicals & Fertilizers
Government of India



MESSAGE

AIIMS Bibinagar has been established in Telangana for achieving qualitative multi-specialty health care and world class medical education. Congratulations for Third Annual Day celebrations and release of Third Edition of Institute magazine "Invictus". This occasion is a day, when we rededicate ourselves to the poor and needy, to lead a healthy life through timely and efficient interventions by the institute.

During my recent visit to AIIMS Bibinagar, I could observe the work done by the institute on Academic, Research and Hospital services fronts. In a short span of three years, the institute had succeeded in starting MBBS as well as MD/MS courses. OPD, IPD, ICU, immunization and Operation Theatre and Super Specialty services are running along with Digital health services like e-Sanjeevani, ABHA.

The institute had contributed to the National Flagship Programs like "Swachh Bharat Abhiyan". It was heartening to see the unique concept of naming the plants in "AIIMS Vatika" and naming the sapling I planted as "Disha".

I compliment the students for their perseverance and hope that they will come out with innovative interventions to face the newly emerging clinical challenges.

I convey my best wishes to AIIMS Bibinagar for providing health care services to the people of Telangana and neighboring states and contributing in building a "Healthy Nation".

Dr. Mansukh Mandaviya



Shri Bandaru Dattatraya Garu

Hon'ble Governor of Haryana

MESSAGE

I am delighted to learn that AIIMS, Bibinagar, Hyderabad, Telangana, is celebrating the 3rd Annual Day on 10th March 2023. The third edition of AIIMS-Bibinagar magazine — INVICTUS — is also being bought out on this occasion.

It is well known to us that the annual day function of an institute provides us an occasion to reiterate the collective commitment and take on the challenge in the spirit of togetherness to make the facility a pioneering centre in the mission of knowledge, service and health.

AIIMS-Bibinagar carries the aspirations of the people of Telangana for affordable tertiary healthcare services. It is indeed a huge responsibility but needs to be discharged effectively in the larger interests of our people.

It is really appreciable to see the progress of AIIMS-Bibinagar in the last three years despite pandemic and other hurdles. I am sure that the efforts to further augment facilities and streamline the existing services will continue at a faster pace.

The magazine of an institute has always been an endeavour to bring forth the hidden literary talents and creativity of students, faculty members and other staff. I am sure this creative venture will be appreciated and facilitates students to enjoy the joy of writing.

My best wishes to the entire AIIMS-Bibinagar family for their future endeavours and wish the celebration of 3rd Annual Day all success.

Bandaru Dattatraya



Smt. (Dr.) Bharati Pravin Pawar

Hon'ble Union Minister of State for
Health & Family Welfare
Government of India

MESSAGE

AIIMS Bibinagar is a Premier Health Institute established under PMSSY for providing health care services to the people of Telangana.

Congratulations to the Executive Director and entire team of AIIMS Bibinagar for Third Annual Day celebrations and release of Third Edition of Institute magazine "Invictus". In the short span of three years, the Institute had succeeded in starting MBBS as well as MD/MS courses. Many research projects going on along with other imminent Institutes of the country. OPD, IPD, ICU, Immunization and Operation Theatre services are running. Various activities on digital health care also being implemented.

I am glad to know that the Institute has its fair share in National Mission like "Swachh Bharat Abhiyan". It was also heartening to know about the concepts of naming the plants in "AIIMS Vatika", Ayush Herbal Garden and encouraging students for "Go Green" activities.

The Government of India, under the visionary leadership of Hon'ble Prime Minister Shri Narendra Modi ji is committed to secure the health of the people of India and I believe inculcating values of selflessness, responsibility and dedication among youth budding doctors of our country will form the base for tomorrow Samruddha and Healthy India.

My best wishes to the entire team of the Institute in this noble mission of the service to the humanity.

सर्वे भवन्तु सुखिनः सर्वे सन्तु निरामयाः
(अर्थात् सभी सुखी हों, सभी रोगमुक्त रहें।)

Dr. Bharati Pravin Pawar



Shri Bandi Sanjay Kumar Garu

Member of Parliament (Lok Sabha)
Karimnagar (Telangana)
Member : Standing Committee
on Urban Development
Committee on Welfare of OBC
AIIMS, Bibinagar, Tobacco Board
State Level Committee on Minority Affairs



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MESSAGE

It gives me immense pleasure to pen down message for the Third Edition of Institute magazine, "Invictus" which will be released on the auspicious Third Annual day celebration on 10th March 2023.

It is said "Journey of thousand miles start with a single step". I have seen the progressive journey of the institute in last three years closely. I congratulate Director, faculty, students, staff and those who contributed in establishing the center of excellence in the medical education, training healthcare and research with the commitment to serve the underserved.

It is heartening to see the start of MD/MS Program in addition to MBBS and other Paramedical courses in the Institute. Many congratulations to the Executive Director and dedicated Hospital team for the Digital health services ABHA, e-Sanjeevani.

My best wishes and blessings to AIIMS Bibinagar for pursuing this noble mission of serving the people of Telangana by providing quality health care facilities.

Bandi Sanjay Kumar



All India Institute of Medical Sciences
Bibinagar, Telangana.



Prof. (Dr.) George A D'Souza

President

AIIMS Bibinagar

MESSAGE

I am delighted that the 3rd edition of the AIIMS Bibinagar college magazine 'Invictus' is being brought out and on time. Lots have happened over the last year, and lots have been achieved. The student body also has expanded to include postgraduates. The 'college magazine' is an opportunity to chronicle all that has transpired. It is also an opportunity for the students and faculty to reflect on the year that has gone so as to make the coming year an even better one.

If the past editions are an indication of the quality of the college magazine, I am looking forward to this year's magazine. The mix of facts, events, reflections and musings makes for an interesting read and gives a panoramic view of the happenings of the college. It is also a chronicle for future generations of the early days of the institute.

I commend the director, faculty and students of AIIMS Bibinagar on another successful year and bringing out the 3rd edition of 'Invictus'. I wish the magazine committee all the best

Prof. (Dr.) George A. D'Souza



All India Institute of Medical Sciences
Bibinagar, Telangana.



Prof. (Dr.) Vikas Bhatia

Executive Director & CEO
AIIMS Bibinagar

MESSAGE

Congratulations and greetings Faculty, Staff and students...

Establishment of AIIMS in Telangana had surely raised hopes of people here for getting tertiary care health services and quality Medical Education within reach at affordable expenses from the different stalwarts and experts in this field. During this short span of three years, I and my best team of Faculty and staff had strived hard to achieve various milestones in this direction.

It gives me immense pleasure to announce that AIIMS Bibinagar succeeded in providing Superspeciality Health Care services in mere three years of establishment. Critical health care facilities and Operation theatre services are growing immensely and the graph of number of surgeries per month is rising with each passing month. Through our Mobile Medical Unit, we are reaching to the doorsteps of people of various villages of Telangana. Digital Health Services like e-Sanjeevani and ABHA providing health care to more than 29 districts and 439 centres including PHCs, DHCs and BDks.

In academics, we started MD/MS training Program in 15 Departments and also Paramedical courses like BSc will be functional. Our founder MBBS Batch 2019 have entered in the Final Year of MBBS journey and we recently welcomed MBBS Batch 2022, youngest members of AIIMS Family, which is the Fourth MBBS Batch of our institute.



**All India Institute of Medical Sciences
Bibinagar, Telangana.**

It is heartening to inform that AIIMS Bibinagar is now Regional Nodal Centre of "One Health" for Telangana State. Faculty of the institute is encouraged to undertake the Research and have healthy interaction with researchers nationally and internationally. Various Intramural and Extramural Research Projects are in execution in association with different eminent institutes of the country. Special fund is dedicated to promote and support Students Research too.

AIIMS Bibinagar is also contributing to National Flagship Program like Swach Bharat Abhiyan. We felt encouraged and appreciated when "Garbage to Green" project of the institute got National recognition and was nominated among few best projects in Special Swachhata Campaign of Govt of India. It's honor to see glimpse of this project on the Wall Poster of MOHFW Good Governance Week at Vigyan Bhavan.

Journey of "Invictus" magazine started with the wish to inculcate the importance of nurturing creative potential among the students and faculty and to harness the true talents hidden within them. While our exceptionally bright minds are toiling hard academically, I thought that their creative minds should not fade away due to the immense academic pressure. Invictus magazine provides them a platform to showcase their imaginative and creative expressions. I wish to express my deep appreciation to the team of Editorial board who worked hard to turn their dream into reality and transforming moments into words and pictures. When students will turn the pages of Invictus years later, they will cherish the golden era of their student life, hostel life and academic activities. My congratulations to the contributors of magazine in the form of write ups, poems and photography. Hope the readers will enjoy this literary treat.

My best team of AIIMS Bibinagar and I take immense pride in carrying forward our noble mission of 'Serving the Underserved'. I would like to conclude with the golden words of

Honorable Former President, Dr Abdul Kalam,

**"Dream, Dream, Dream
Dreams transform into thoughts
and thoughts result in action".**

Prof. (Dr.) Vikas Bhatia

Jai Hind



All India Institute of Medical Sciences
Bibinagar, Telangana.

Prof.(Dr.) Rahul Narang

Dean (Academics)
AIIMS Bibinagar

MESSAGE

It has been more than 2 years when COVID struck. The years with Covid tested our physical and emotional strength, individually as well as an Institute. We have been lucky in AIIMS Bibinagar where we lost minimum number of days for offline teaching-learning and assessments. Faculty, students, nursing officers and staff were vaccinated in time to prevent any severe morbidity and mortality. The principle of assessment, mitigation and performance was utilised to anticipate local outbreaks of different waves and covid specific behaviour was implemented strongly. Still, there were certain inevitable moments where we felt vulnerable. This vulnerability to future waves of covid and other outbreaks is felt by the whole world and WHO is working with various countries to track the infectious agents. Government of India is also working on strengthening health infrastructure under the Prime Minister Ayushman Bharat Health Infrastructure Mission (PMABHIM) across the nation. A number of laboratories are being set up to predict such outbreaks and the foundation stone of the National Institute of One Health in Nagpur was recently laid by the Prime Minister. To complement the effort of the government we, as an Institute of National Importance, have the responsibility to work with the community and help them develop resilience to future events.

I am extremely happy that AIIMS Bibinagar has been carrying out its responsibilities pertaining to teaching, research and patient care. The Invictus magazine committee has efficiently managed regular publication of the first and the second issues. The students' participation has increased over time and other staff have also started contributing. The Institute has been trying to get ISSN from this issue onwards and is a welcome step.

I congratulate the editorial board and wish them the best.

Prof.(Dr.) Rahul Narang



Executive Director with Administrative and Accounts Team



Executive Director, Dean (Academics) with Academic Team



Executive Director, Medical Superintendent with Hospital Team



Executive Director, Dean (Academics) and Medical Superintendent with Admission Committee



Executive Director, Dean (Academics) and Medical Superintendent with Examination Cell



Executive Director, Dean (Academics) and Medical Superintendent with Hostel Committee



Executive Director, Dean (Academics) and Medical Superintendent with Research cell



Executive Director, Dean (Academics) and Medical Superintendent with Ethics committee



Executive Director, Dean (Academics) and Medical Superintendent with Sports committee



Executive Director, Dean (Academics) and Medical Superintendent with cultural committee



Executive Director, Dean (Academics) and Medical Superintendent with All Faculty



Executive Director, Dean (Academics) and Medical Superintendent with Senior Residents



Executive Director, Dean (Academics) and Medical Superintendent with Junior Residents



Executive Director, Dean (Academics) and Medical Superintendent with MBBS Batch 2019



Executive Director, Dean (Academics) and Medical Superintendent with MBBS Batch 2020



Executive Director, Dean (Academics) and Medical Superintendent with MBBS Batch 2021



Executive Director, Dean (Academics) and Medical Superintendent with MBBS Batch 2022



Executive Director, Dean (Academics) and Medical Superintendent with Nursing officers Batch 2020



Executive Director, Dean (Academics) and Medical Superintendent with Nursing officers Batch 2021 and Batch 2022

From the Editor's Desk

The Editorial Board proudly presents the third edition of "Invictus- Always the Winners" to our beloved readers and well-wishers.

The third edition of Invictus showcases the journey of All India Institute of Medical Sciences, Bibinagar, especially for the year 2022 and focuses on the creative contributions especially by MBBS 2021 batch. The students and also the staff have contributed actively to the literary and artistic pages. The institute magazine provides a platform wherein the students can showcase their accolades and express their thoughts in verse as well as poetry.

Invictus offers an opportunity for undiscovered talent to spring to life within its pages. The students have taken up the offer and submitted interesting articles, poems across various genres, colorful photography, mesmerizing art works and creative writing pieces to complete this edition of Invictus.

We hope you enjoy every leaf of this edition.

Happy reading.....

Editorial Board
AIIMS Bibinagar





**Hon'ble Union Health Minister
Dr Mansukh Mandaviya Ji
visited AIIMS Bibinagar
Hyderabad and inaugurated
various facilities at the institute.**



Inauguration of Ayushman Bharat Digital Mission (ABDM) for AIIMS Bibinagar Hyderabad, QR Code, HMIS and e-Sanjeevani were done by the Hon'ble Minister, Dr. Mansukh Mandaviya. It was graced by the presence of Shri Komatireddy Venkat Reddy Garu, Member of Parliament, Dr Vikas Bhatia, Executive Director, AIIMS Bibinagar, Dr. Neeraj Agarwal, MS, Dr. Rahul Narang, Dean Academics and other guests and facilities



Honorable Union Health Minister Sir Administering Charak Shapath to First MBBS Students



**अखिल भारतीय आयुर्विज्ञान संस्थान
बीबीनगर, हैदराबाद
महर्षि चरक शपथ**

- अध्यापन की अवधि के दौरान, मैं अपने विद्यार्थी और सहयोगी के साथ अनुशासित जीवन व्यतीत करूँगा / करूँगी। मेरा कार्य धैर्य, सेवा - उन्मुख होगा एवं अनुशासनशीलता और ईर्ष्या से मुक्त होगा। अपने व्यवहार में मैं केवलान, आत्मकर्म, मित्र, निरंतर चिन्तनशील और बलि रहूँगा / रहूँगी। मैं अपने पेशे के वांछित लक्ष्य की दिशा में अपना पूरा प्रयास और समस्त लगन डूँगा / लगाऊँगी।
- एक चिकित्सक के रूप में, मैं हमेशा अपने ज्ञान का उपयोग मनुष्य जाति के कल्याण के लिए करूँगा / करूँगी।
- मैं मरीजों की मदद के लिए हमेशा तैयार रहूँगा / रहूँगी, भले ही मैं बहुत व्यास और थकता हुआ / थकी हुई हूँ। मैं धन या स्वार्थ के लिए किसी भी रोगी को नुकसान नहीं पहुँचाऊँगा / पहुँचाऊँगी और न ही धन, लाभ या धन की इच्छा मन में रखूँगा / रखूँगी। अर्थव्यवस्था मेरे विद्यार्थी में भी नहीं आएगी।
- मेरा पहलाका शपथ होने के साथ-साथ प्रभावशाली और प्रेरक आत्मविश्वास वाला होगा। मेरा आचरण हमेशा उचित, सुखद, सच्चा, हितकारी और निष्ठा होगा। मैं अपने अनुभव का उपयोग साथ-साथ और स्वयं के लिए उपयुक्त कार्य भी करूँगा / करूँगी।
- मैं क्षेत्र में नवीनता विकास से घुट करूँगा/अद्यतित रखने और अपने ज्ञान को व्यापक बनाने का लगातार प्रयास करूँगा/ करूँगी।
- मैं अपने से थोड़ा बिलिंग के रोगी का इलाज रिश्तेदारों या परिचारकों की उपस्थिति में करूँगा/ करूँगी।
- किसी रोगी की जांच करते समय मेरा चिकित्सक, व्यास और सुझाव के उपचार पर केन्द्रित होगा। मैं रोगी या परिचार से संबंधित गोपनीयता को अनुचित रूप से छूट नहीं करूँगा / करूँगी।
- मैं अपने ज्ञान और कौशल का प्रदर्शन अहंकार के साथ नहीं करूँगा / करूँगी।





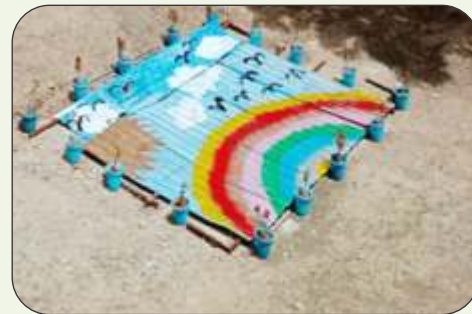
Garbage To Green Project

Swachh Bharat Abhiyan
Rainbow Ayush
Herbal Garden



Under the aegis of Honorable Executive Director, Prof. (Dr) Vikas Bhatia, Garbage to green project is executed where in Rainbow Ayush Herbal Garden is established in dry, waste, barren area in AIIMS Premises. Highly contaminated water reservoir which was the source of vector borne diseases converted into colorful fountain.

This park is serene, holistic herbal place for patients, staff, students and doctors. Every morning of Rainbow Ayush Herbal Garden starts with Yoga and Meditation practices with Yoga instructor and instrumental soothing music playing on system installed in the garden. More than 300 Herbal plants are there in this holistic premise.



Rainbow Ayush Herbal Garden





This Rainbow Ayush Herbal Garden was inaugurated by Honorable Union Health Minister of state, Smt. (Dr.) Bharati Pravin Pawar Madam by planting holy Tulsi sapling with MBBS students in the presence of Honorable Executive Director, Prof.(Dr.) Vikas Bhatia sir. This Garbage to Green Project was nominated by Special Swachhata Campaign of Govt of India among India's Best few Swachhata Activities.

In Governance week, wall poster of MOHFW at Vigyan Bhavan highlighted the Garbage to green project. Swachhata Hi Seva Clean India, Green India

Rainbow Ayush Herbal Garden



Wall Poster of MOHFW highlighting Garbage to Green project, at Vigyan Bhavan, Good Governance week





—❧—

“Look at the sky we are not alone
The whole universe is friendly to us
and conspires only to give the
best to those who dream and work”

—❧—



**“EDUCATION is the most
POWERFUL WEAPON which
you can use to change the WORLD”**