



INVICTUS

Always The Winners

Second Edition



All India Institute of Medical Sciences
BIBINAGAR



AIIMS

BIBINAGAR

2022

Second Edition

Editorial Board

Chief Patron
Prof. Dr. George D'Souza
President
AIIMS Bibinagar



Patron
Prof. Dr. Vikas Bhatia
Executive Director and
CEO AIIMS Bibinagar



Co-Patron
Prof. Dr. Rahul Narang
Dean Academics
AIIMS Bibinagar



Co-Patron
Prof. Dr. Nitin John
Dean Examinations
AIIMS Bibinagar



Co-Patron
Prof. Dr. Sangeetha Sampath
Dean Research
AIIMS Bibinagar



Co-Patron
Prof. Dr. Neeraj Agarwal
Medical Superintendent
AIIMS Bibinagar



Nodal Officer
Dr. Shailaja Prabhala
Additional Prof & Head
Department of Pathology
& Lab Medicine



Additional Nodal Officer
Dr. Alka Bhingardeo
Assistant Professor
Department of Anatomy



Member
Dr. Annapurna Srirambhatla
Associate Professor
Department of Radiodiagnosis



Member
Dr. Prashanth Mada
Associate Dean Examinations
AIIMS Bibinagar



Member
Dr. CH Rama Krishna Prasad
Assistant Professor
Department of Anesthesia



Student Editorial Board



Mr. Prakash Raj P
Batch - 2020



Miss. Mythri Madassu
Batch - 2020



Mr. Sudarshan Karhale
Batch - 2020



Miss. Ilene Maria Shaji
Batch - 2020



Miss. Amoolya Shree Rachuri
Batch - 2020



Miss. Chintalapati Pawani Brunda
Batch - 2020



Miss. Lasya Kurukunda
Batch - 2020



Dr. Mansukh Mandaviya
Honorable Union Minister
of Health & Family Welfare
Govt. of India

AIIMS Bibinagar is a Premiere Medical Institute of National importance established under PMSSY. I am delighted to know that the Institute is progressing ahead and started MD/MS courses along with third MBBS Batch with 100 students being admitted soon. Institute has started OPD, IPD and OT services within a short span of two years. It is appreciable that the Institute has given its fair share in the battle against COVID -19 by establishing COVID care center, RTPCR lab and COVID vaccination in the service of people of Telangana.

The faculty and students of AIIMS Bibinagar are bringing out the Second Edition of Institute Magazine. 'Invictus- Always The Winners. The magazine will surely channel the creativity of the students and budding doctors. Creativity enables an individual to be more productive which in turn helps to build a better society and nation.

My best wishes to administration, Faculty and students of AIIMS Bibinagar for working in the fore front in the field of medical education, research and patient care while serving the people of Telangana State and region with perseverance and care. I once again congratulate all students, faculty and staff of AIIMS Bibinagar for second annual day celebration.

(Dr. Mansukh Mandaviya)



RAJ BHAVAN
HYDERABAD-500 041

31.12.2021



Smt. Dr. TAMILISAI Soundararajan
Honorable Governor of Telangana
Lt Governor of Puducherry



I am delighted to know that All India Institute of Medical Sciences (AIIMS), Bibinagar, Hyderabad is bringing out the second edition of the Institute Magazine 'INVICTUS' - Always the winners on the occasion of its Second Annual Day celebrations on the 10th March, 2022.

I am sure that this magazine would offer the right platform for young minds to pen and publish their literary and writing skills, as I strongly believe that young minds are reservoirs of talent, knowledge, creativity, and imagination.

New ideas, Imagination, Creativity, and Innovation are the vital qualities to beat the monotony and rhetoric and to come up with new technologies and systems to help ameliorate human beings from maladies.

These qualities coupled with passion are even more important in the field of medicine as it demands for better healthcare systems and throws continuous challenges.

I extend my hearty congratulations to the Director, other teaching and non teaching staff members and students of the AIIMS on the occasion of the Second Annual Day celebrations.

My best wishes for a great success to the Institute in the days to come.

Dr. TAMILISAI Soundararajan



स्वास्थ्य एवं परिवार कल्याण राज्य मंत्री
भारत सरकार



डॉ. भारती प्रविण पवार
Dr. Bharati Pravin Pawar



Smt. Dr. Bharati Pravin Pawar

Minister of State for
Health & Family Welfare Govt. of India

75
आज़ादी का
अमृत महोत्सव

MESSAGE

It gives me immense pleasure to know that AIIMS Bibinagar, Telangana is celebrating Second Annual Day of the institute and releasing magazine "Invictus".

I am glad to know that the third batch of MBBS with 100 students has joined and classes have also started to match the advancement in technology and globalization along with ethos of moral values.

AIIMS Bibinagar has achieved greater heights by starting Post-Graduate program in a short span of two years of establishment. AIIMS Bibinagar is an Institute of National Importance and by providing high quality medical education and hospital services to people of Telangana, the mission will be fully achieved.

The Government of India, under the visionary leadership of Hon'ble Prime Minister Shri Narendra Modi ji, is committed to provide all possible support in making AIIMS, Bibinagar fully functional in order to enable improved health care delivery of services for all people of the region.

Once again congratulations and best wishes to the entire team of AIIMS, Bibinagar.

Dr. Bharati Pravin Pawar

"दो गज की दूरी, मास्क है जरूरी"



Shri Bandi Sanjay Kumar

Member of Parliament
Lok Sabha
Govt of India
(Member of Institute Body,
AIIMS Bibinagar)

Congratulations AIIMS Bibinagar, Telangana on Second Annual Day Celebration!

Annual day is a very important milestone in the journey of any Institute. It gives a chance for celebration and introspection. I am delighted to know that the Institute is releasing the second edition of its magazine, "Invictus" on this auspicious day.

No doubt the magazine reflects insightful memories with appropriate mix of variety of experiences of students and faculty. I appreciate the imaginative spirit of the editorial board of faculty and students for bringing out this beautiful edition.

My blessings to the students who by virtue of their determination have acquired berths in AIIMS Bibinagar for making a career in health care. I want to congratulate Dr. Vikas Bhatia, Executive Director of the Institute, faculty and staff members for commendable progress of the Institute in such a short span of two years, working in the forefront of academics as well as hospital services. Your incessant efforts have enabled Institute to reach newer heights.

My best wishes for you all in this noble journey with never ending path of success.

Bandi Sanjay Kumar
Member of Institute Body, AIIMS Bibinagar

75
आज़ादी का
अमृत महोत्सव

MESSAGE



Smt. Pamela Satpathy

IAS, Collector and District
Magistrate, Bhuvanagiri

I am glad to know that AIIMS Bibinagar is celebrating its Second Annual Day on 10th March, 2022 and also planning to release the 2nd edition of the institute Magazine "Invictus" on this occasion. AIIMS Bibinagar is a prestigious Institution for Telangana and more so for the people of Yadadri Bhuvanagiri district. I am delighted to witness the swift progress of the institution towards qualitative health care in a short span of two years.

I extend my heartfelt congratulations to the visionary Director under whose leadership the Institution has been attaining greater heights with each passing day. I extend my best wishes to the faculty, staff, students and to the entire team of AIIMS for the grand celebration of their 2nd Annual Day.

Looking forward to work together & extend all possible support from District Administration towards making AIIMS Bibinagar a Centre of excellence in clinical care, committed to the cause of humanity.





Prof. Dr. George A. D'Souza

President
AIIMS Bibinagar

I am glad that the 2nd edition of the college magazine 'Invictus' is being brought out and on time. It truly reflects the 'conquering' spirit of our students at 'AIIMS' Bibinagar. With so much of life having been disrupted during the pandemic, the magazine gives an opportunity to look back on the year and to commemorate all that was good.

This year was a difficult year with the pandemic continuing to rage. But it is also the year that all joined to help each other conquer their fears and face adversary in the face. There will be many a story or a reflection to be penned. The magazine, I am sure will be a chronicle of the triumph of the human spirit in this last year.

I congratulate the staff and students of AIIMS Bibinagar on bringing out the annual college magazine and wish you all the best. I look forward to reading the magazine.

75
आज़ादी का
अमृत महोत्सव

DIRECTOR'S

ADDRESS

**Congratulations
and
Greetings dear Faculty,
Staff and Students....**



Prof. Dr. Vikas Bhatia
Executive Director and CEO
AIIMS, Bibinagar

It gives me immense pleasure to pen down few lines for second edition of institute magazine "Invictus" to be released on the occasion of Second Annual Day celebration on 10th March 2022.

Swami Vivekananda once said, "Journey of thousand miles starts with a single step". So true, it is just like yesterday we had started our first batch of MBBS academic session with 50 students and time flew so quickly our second MBBS batch of 62 students has successfully completed it's first year with flying colors. We will be soon welcoming 100 students as MBBS undergraduates and will be delighted to have Postgraduate aspirants for MD/MS courses in various departments of our Institute in the year 2022.



AIIMS Bibinagar, in the short span of 2 years has become successful in providing health care to the people of Telangana with its OPD, IPD, ICU and OT services. The Institute being in its nascent stage of development has given its remarkable share in COVID pandemic by establishing COVID Care Center, RTPCR laboratory and COVID 19 vaccination center. Through the outreach program conducted at our PHC Bommalaramaram, we had taken the health services to the door steps of the people of various villages of Telangana. The Institute is also contributing in research by its various intramural and extramural research projects in collaboration with various eminent institutes of the nation.

We started our institute magazine from the inception of the Institute as I wanted to provide platform to the students to show case their imaginative and creative side so that their talent does not fade away due to immense academic pressure. We also have various extracurricular activities like sports and cultural fests which will help the students in building up a holistic personality. I hope AIIMS Bibinagar will be recognised as an Institute which ensures that students know how to think critically and creatively, solve problems, innovate and collaborate accepting all challenges beyond comfort zones.

I feel proud in contributing to the health services of Telangana with my best team of faculty, residents & staff. Once again, I will like to congratulate all for the Second Annual Day celebrations. Beside celebration, annual day is an occasion with renewed enthusiasm. Let's work together harder, smarter and longer to raise the standard of our institute on every level keeping the vision of establishing a center of excellence in medical education, training and health care with the commitment to serve the under-served.

I appreciate the editorial board for giving beautiful colours to the various memories of the past year, keep up the creative work!

Congratulations & Best wishes...



75
आज़ादी का
अमृत महोत्सव

MESSAGE



Prof. (Dr) Rahul Narang

Dean (Academics)
AIIMS Bibinagar

While modern humans settled in various regions across the world, they described the area, living conditions, social values, their animals, love and war, initially by depicting on stone walls, later in the form of papyrus scrolls and ultimately books. All this became literature. The study of literature of various regions helps us understand their culture and respect the same.

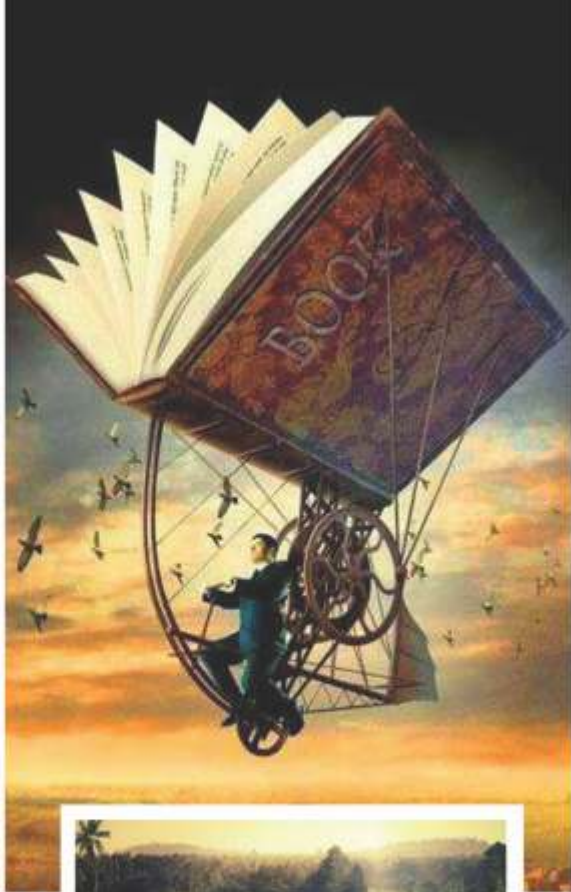
AIIMS Bibinagar, Hyderabad will be known by the documented material, our own literature that will help the future batches of students and teachers to understand us and if we are developing a good culture, then to respect us. Second edition of Invictus is a major step towards creating our literature. Invictus is a milestone that celebrates growth, unfolds the ingenuity and provides a platform for thoughts and aspirations.

If we continue our concerted efforts in a collaborative manner with respect and understanding for each other, nothing can stop us from becoming an Institute of Global Repute!

I congratulate the editorial team for all the efforts and wish all the very best for the second edition of Invictus.

Prof. (Dr) Rahul Narang





From the Editor's Desk...

The Editorial Board proudly presents the second edition of "Invictus- Always the Winners" to our beloved readers and well-wishers.

The second edition of Invictus showcases the journey of All India Institute of Medical Sciences, Bibinagar, especially for the year 2021.

The magazine has tried to capture the activities of the second batch (Batch 2020) of MBBS students who have poured in their energy, enthusiasm and exuberance into the artistic and literary segments.

This edition records the early steps and blossoming of the Institute along with the dreams and aspirations of its students and staff.

We hope you enjoy every step and every stop of AIIMS Bibinagar, offered by this kaleidoscopic edition of Invictus.

So come and immerse yourself in this multicolored melange.....
Happy reading.....

Editorial Board
AIIMS, Bibinagar



Visit of Honorable Executive Director, Prof. (Dr.) Vikas Bhatia, Shri Bandi Sanjay Kumar, Member of Parliament, Lok Sabha and Institute Body member and MS Prof. (Dr.) Neeraj Agarwal with Shri Mansukh Mandaviya, Honorable Union Minister of Health & Family Welfare, Govt. of India and release of AIIMS Bibinagar Newsletter - Med Communique



Visit of Honorable Governor of Haryana Shri Bandaru Dattatreya Garu & Inauguration of Academic Section, AIIMS Bibinagar



Felicitatation of Honorable Executive Director, Prof. (Dr.) Vikas Bhatia at University of Hyderabad by Lions Club on the occasion of 'Teachers Day'



Visit of Executive Director, Prof. (Dr.) Vikas Bhatia and Registrar Dr. Aparna Verma with Dr. (Smt.) Tamilsai Soundararajan, Honorable Governor of Telangana State and Lt. Governor of Puducherry



Felicitation of Honorable Executive Director, Prof. (Dr.) Vikas Bhatia by Honorable Governor of Haryana Shri Bandaru Dattatreya Garu



Felicitation of Honorable Executive Director, Prof. (Dr.) Vikas Bhatia by American Association of Physicians of Indian Origin (AAPIO)



Executive Director, Prof. (Dr.) Vikas Bhatia, MS Prof. (Dr.) Neeraj Agarwal and DDA Col S.P. Anantrao meet with Shri Harish Rao Garu, Honourable Minister of Health, Govt of Telangana



Director, Dean (Academic) and Medical Superintendent with Administration and Accounts Team



Director, Dean (Academic) and Medical Superintendent with Academic Team



Director, Dean (Academic) and Medical Superintendent with Hospital Committee



Director, Dean (Academic) and Medical Superintendent with All Faculty



Director, Dean (Academic) and Medical Superintendent with Examination Cell



Director, Dean (Academic) and Medical Superintendent with Admission Committee



Director, Dean (Academic) and Medical Superintendent with Magazine Committee



Director, Dean (Academic) and Medical Superintendent with IRC & IEC



Director, Dean (Academic) and Medical Superintendent with Sports Committee



Director, Dean (Academic) and Medical Superintendent with Hostel Committee



Director, Dean (Academic) and Medical Superintendent with Cultural Committee



Director, Dean (Academic) and Medical Superintendent with Library Committee



Director, Dean (Academic) and Medical Superintendent with Senior Residents



Director, Dean (Academic) and Medical Superintendent with Junior Residents



Director & Dean (Academic) with MBBS Batch - 2019



Director, Dean (Academic) and Medical Superintendent with MBBS Batch - 2020



Director, Dean (Academic) and Medical Superintendent with Nursing Officers

Editorial



Prof. Dr. Vikas Bhatia
Executive Director and CEO
AIIMS, Bibinagar



Prof. (Dr.) Rahul Narang
Dean (Academic)
AIIMS Bibinagar

Nurturing the fragile ecosystem of physician-researchers: Need to inculcate research acumen in Indian Medical Graduates

Recently, ICMR-DHR has come up with a policy on Biomedical Innovation & Entrepreneurship for medical professionals, scientists, and technologists at medical, dental, para-medical institutes/colleges that was released by the Honorable Health Minister. The policy has a vision to create an innovation-led entrepreneurial ecosystem in India with the ultimate goal of positively impacting human health and well-being and a mission to formulate overarching policy for creating Nation-wide innovation & entrepreneurial framework at Medical Colleges/ Hospitals/ Biomedical Institutes for Societal Impact. The objectives of the policy are 1) To encourage Medical, Paramedical, Dental Colleges and Biomedical Institutes to create enabling Policies and Ecosystem for promoting Innovation and Entrepreneurship development by its Faculty/ Students/Staff and 2) To promote Biomedical Innovations and Entrepreneurship by Medical Professionals, Scientists and Technologists to foster development of unmet need driven, socially impactful Technologies/ Products for societal benefit.

This is a welcome step as now the health professionals will be able to work like entrepreneurs like other streams of STEM. However, before this to happen a lot of groundwork has to be conducted to build the capacity of under and post-graduate students, faculty as well as technologists and the efforts should be to target new entrants to inculcate research acumen in them.

The present generation of medical graduates belongs to Generation Z ("Gen Z") who are said to be born after 1995¹ and is seen as the first truly digital, global, and diverse generation, that grew up in a wider mix of backgrounds than previous generations. "Gen Z" works with certainty, optimism, imagination and creativity.²

Keeping pace with changing times, medical education in India is also moving away from traditional curriculum to competency based curriculum for Indian Medical Graduate (IMG) that visualised IMG as a physician, leader, communicator, lifelong learner and professional akin to the "5-STAR doctor" conceived by World Health Organization.^{3,4} The Curriculum Implementation Support Program of the Competency-Based Undergraduate Medical Education Curriculum document released in 2019 by the erstwhile MCI has given details of various aspects of implementing such curriculum.³ It lays stress on the foundation course, early clinical exposure, integrated teaching-learning, skill development and



electives. Electives are supposed to lead to flexibility in learning and will offer options including those in clinical and para-clinical departments as well as in community settings. Electives will also offer an opportunity for self-directed learning, critical thinking and enhancing research abilities of undergraduates to undertake projects. National Medical Council/erstwhile Medical Council of India thus also contemplated Indian medical graduate to think like a researcher.

The new education policy of India has been recently launched and the educators are hopeful that this will help Indian Colleges/Institutes/Universities to compete globally. Under this policy, top 100 foreign universities will also be asked to set up their campuses in India. This may have some implications for Indian Medical Education as well, meaning that the Indian medical institutes will have to compete with global universities/institutes and have to feature in the global ranking systems. The Center for World University Rankings (CWUR) is one such system that values universities based on objective criteria for quality of education, training of students, the prestige of the faculty members and the quality of their research rather than surveys and university data submission. (<https://cwur.org/2018-19.php>). Under this system, the quality of education is measured by a) the number of a university's alumni who have won major academic distinctions relative to the university's size (25% weight);

b) Alumni Employment, measured by the number of a university's alumni who have held top executive positions at the world's largest companies relative to the university's size (25% weight); Quality of Faculty, measured by the number of faculty members who have won major academic distinctions (10% weight) and research performance (40% weight). The only medical college from India appearing in the first 1000 institutes is All India Institute of Medical Sciences, New Delhi that as per 2018-19 ranking, was at 732nd rank with ranking related to research as follows – Research Output (rank 720), Quality Publications (rank 934); Citations (rank 541); and Influence (rank 542).

Other medical colleges/institutes have to improve position to find place in such rankings. A recent study by Ray *et al*⁵ has reported the research output for a 10 years period from 579 Indian medical colleges/institutes and the results were disappointing. There were only 14.5 publications/institute/year and 57.3% medical colleges had not published a single research paper that found place in Scopus database.⁵

Considering the above, if we have to create globally competitive medical graduates, the curriculum has to use pedagogical approaches that are constructivist, inquiry-based, reflective, collaborative, and integrative. The organizations and educators have to develop a culture where ideas are respectfully challenged, tested, redefined and viewed as improvable thus moving students from a position of wondering to a position of enacted understanding and further questioning.⁶

The "Gen Z" medical undergraduates have to inculcate the research acumen to keep pace with ever-evolving world of medical knowledge. In addition to routine curriculum-based learning, some of them have to start thinking as future physician-researcher. Others, who may not be interested in research, also have to pay attention to various aspects of research especially critically analyzing published data. They have to start looking for evidence in the recently published data and use it, if convinced. Otherwise, question the same to create new evidence that is applicable locally. To implement this research-based approach we have to design competencies that will be different for two groups – those who decide their electives as research and those who need only introduction to research.





To develop an inclination towards research in undergraduates, the postgraduates and medical teachers have to be well prepared to act as mentors for them. The medical teachers are expected to have been trained for this job as their eligibility for promotion is based on good quality articles published in the indexed journals. Postgraduates during their training are also expected to conduct research for their dissertation and present as well as publish that research. ICMR runs a program to fund 25 fellowships for its MD/MS-PhD program to train medical graduates on biomedical research; however, this program is restricted to very few centers. The newly created autonomous Institutes of National Importance (INI) can incorporate such courses to create pool of good quality physician-researchers. For undergraduates, there are opportunities available under Short Term Studentship projects of Indian Council of Medical Research (ICMR).

Funding for research is available at college, university, and national level; however, quality of proposal to compete for funding is an essential criterion. The funding organizations, ICMR, Department of Science and Technology (DST), Department of Biotechnology (DBT), National TB Elimination Program (NTEP) look for novelty and innovations in research proposals and good quality proposals from faculty are expected to receive such funding.

India's New Education Policy has set up a National Research Fund that though does not exactly focus on medical sciences; still, interdisciplinary research among medical colleges, universities, and research institutes will be a good contender for competitive funding. Collaboration between experts from research institutes and clinicians in medical colleges can be a cost-effective way to answer clinically relevant questions with state-of-the-art technology.⁷

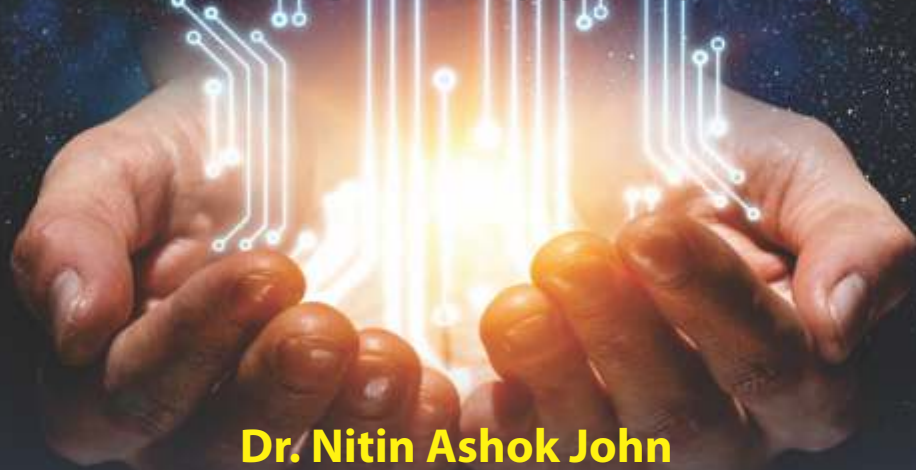
To conclude, the future Indian medical graduates need to not only have a research orientation but will need to be equipped with skills of critical appraisal of research and its clinical applications as well as understanding of basics of research designing and execution. Focusing on inter-institutional collaborations will pave way for this research culture that will also enhance research forte of postgraduates and faculty.

References:

1. Holderman JF, Walls S. As generations X, Y and Z determine the jury's verdict. What is the judge's role. *DePaul Law Review* 2008;58 (2): 343-356
2. Matthews, V. (2008), "Generation Z," *Personnel Today*, September 16, 48-52
3. World Health Organization. Division of Development of Human Resources for Health. (?1996)?. *Doctors for health : a WHO global strategy for changing medical education and medical practice for health for all*. World Health Organization. <https://apps.who.int/iris/handle/10665/62997>
4. Medical Council of India. Curriculum Implementation Support Program of the Competency Based Undergraduate Medical Education Curriculum. New Delhi: Medical Council of India; 2019
5. Ray S, Shah I, Nundy S. The research output from Indian medical institutions between 2005 and 2014. *Curr Med Res Pract*. 2016;6:49-58
6. Scardamalia, M. (2002). Collective Cognitive Responsibility for the Advancement of Knowledge. In B. Smith (Ed.), *Liberal Education in a Knowledge Society* (pp.67-98). Chicago, IL: Open Court.

IMPRESSIONS

MAJESTY OF INTEGRATION OF MEDICAL EDUCATION



Dr. Nitin Ashok John
Dean, Examinations - AIIMS, Bibinagar

Anatomists lay the foundation – unravelling the mystery of the nature of body. Developmental, radiological, surface & human – that's the mysterious caddy, 'Physiologia' enforcing the functional study – revealing, exploring the naturality. Discovering and estimating – the Biochemist domain – proving body's vitality. The mysteries of death – the Forensic expert explores, The clue for causation of disease the Pathologist restores.

The Microbiologist marches hand in hand so as to deadly organisms devour, The kinetics, the therapeutics, the trial & research that's the key to remedy which the Pharmacologist holds, Physical, mental, social well being is what Preventive and social medicine grooming, Striking & unrooting from the body that's the Surgeons dynamic craving,

Drugs profile the Physicians prescribe – determined to prove that it does wonder,

Obstetrician helping the newborn to enter – does make the word ponder,

Paediatrician cares for the lovely kids – so at home they do not thunder,

Gynaecologist monitoring the menopausal stress – reliving the hubby to yonder,

Ophthalmologist say's eyes are blue- yes they look lovely too,

The ENT surgeon keep the passage through and through,

Bone to Bone, Teeth to Teeth, X-ray & scan inward they peep,

Dental, Orthopaedic & Radiology services today we crucially need, Behind the curtains the Anaesthetist strive, puts all efforts and helps the patient revive, Oncologist & Radiotherapist give selfless services for giving patient new life,

Urologist keeps the urinary tract patent, functional & wide,

Dermatologist maintains the skin to be healthy, glazing blooming & white,

Neuro – surgeon & Physician unveil the mystery of the delicate nervous sensibility,

Plastic – surgeon refresh, renovate, restructure and reconstruct the aesthetic authenticity,

Diabetologist levelling sugar & Leprologist vanishing mycobacterium leprae,

Super specialists giving remedy against disease & deaths decree,

Physiotherapists relive pain & aches and reshape muscular mobility,

Occupational therapists reform the subjects renewing their ability and vitality,

ALL Experts work hand in hand forming a perfect sense of Integration,

For perfect health & vitality & disease disintegration.



1. When you took up the office as the Director of this Institution, what vision did you have in mind for AIIMS, Bibinagar, Hyderabad?

In August, 2012 when I had joined AIIMS, Bhubaneswar, it was a new Institute that was yet to take off. At the time, the Government of India had decided to create 6 new AIIMS in Phase One with the objectives of providing high quality medical care, promoting medical education and research. Further expanding this idea, the Government decided to set up one Institute in every state, with larger states such as UP and Bihar getting two.

I came to AIIMS, Bibinagar in May 2020, nearly 19 months back. It was the peak of the COVID pandemic. I had come from Bhubaneswar by road and stayed in Video-Conference room for 3 weeks. The first thing I wanted to do was to connect with people and to understand how we can move forward from here, and what can be done. The only medium of communication was the internet and mobile.

The bigger picture is that we need to establish an Institute which fulfills the dreams of the people, which provides the Best in Medical Education to our students at both the UG and PG levels. AIIMS as a University, will have many academic courses in medical education, nursing, paramedical and super specialty branches. We are incessantly and tirelessly working towards those ends.

Research is another important mandate of AIIMS. Our clinical facilities, minds and skills should be sharpened so that we can tackle newer, emerging diseases and medical challenges. This is what we have observed during COVID. Today, we are at a stage, hoping for a COVID free world because we discovered solutions and came up with new ideas.

The third important objective of AIIMS is to provide High-Quality Medical Care to people. A large proportion of the population living in cities and towns cannot afford the cost of medical care charged by the private hospitals. People look for good health care services that are affordable and accessible. That is what the AIIMS provides, high quality diagnostic and therapeutic services by skilled doctors and dedicated nursing officers.

I'm very sure that our Institute will fulfill its mandate in these three fields. Our priority is always to serve the poor who cannot afford the cost of medical treatment and people living in rural areas. Everyone is welcome here! AIIMS will fulfill their needs. That is what I wish and it will be done at this Institution.





- 2. Sir, to achieve all these goals, human resources are very important. You took charge as the Director during Covid time. How hard was it to recruit all the human resources in terms of faculty, residents, nurses, etc. as pillars of our budding institute?**

The most precious resource in this world is human resource. Money can procure equipment, construct buildings, create infrastructure, but only human beings can provide compassionate and empathetic care. Hence, we were looking for doctors, particularly the faculty members, who will be here for a long time as regular and permanent members. The human resource cannot be compromised. Being in AIIMS, being close to Hyderabad, a lot of faculty members wanted to join here. I'm pleased that we got very enthusiastic, professional, highly skilled and trained faculty who were ready to dedicate and commit themselves for the institute and to provide their best.

The second important aspect was to have good nursing officers. Majority of them are girls. They are also highly committed professionals who provide patient and nursing care. They are selected from the combined entrance exam NORCET conducted by AIIMS New Delhi. Highly meritorious officers have joined AIIMS Bibinagar.

- 3. Sir, AIIMS Bibinagar, within one year of its inception, as of today, has 19 working departments with regular faculty. Eight of our departments have already upgraded from undergraduate to postgraduate level. How do you analyse this growth of ours and when can we expect to see super speciality departments in our college?**

If you move a few steps, people will ask if you can walk; if you are walking, people will ask can you run; if you are running, people will ask can you jump; so that is an interesting situation and that keeps us moving. The needs of people keep on rising and it is our duty to fulfil their needs. In the beginning only a few contractual faculty were recruited to begin the Institution and to teach the first year MBBS students. Faculty is the backbone of any AIIMS. And we are among the privileged to find the best faculty from the large number of applications. We issued 99 appointment letters and 90 of them have joined. Some of the departments like Anatomy, Physiology, Biochemistry, Community and Family Medicine, Microbiology, Pathology, really have good strength. The clinical departments had limited requirement earlier, so, we have taken few faculty members in Medicine, Surgery, Gynaecology, ENT, Ophthalmology, Dermatology, Anesthesia, Pediatrics, Psychiatry. In all, we have 19 fully functional departments and more equipment and services are being added. In cricket, if a good batsman like Sachin Tendulkar/ Sunil Gavaskar / Virat Kohli, gets out in nineties, we all feel the pain of missing the century rather than the gain of 90. We want to cross this as early as possible but the moment we reach 180 or 190 figure, focus will shift on to a double century.

We started the MD/MS programs in eight departments and resident doctors have joined in January 2022 through the AIIMS INI entrance exam. Soon we are going to start the MD/MS postgraduate program for other clinical departments in July session. As far as the super specialization is concerned, that is the DM/MCh, they are around 14 departments and I am looking forward to it in 2023 and later. I have kept a tough goal in front of my faculty colleagues which we should be able to achieve.

- 4. As mentioned earlier one of the important aspects for the development of an Institute is human resources, another one is the infrastructure. The COVID-19 pandemic has had a tremendous impact on the entire world, both positive and negative and that includes our nation. So, how has the progress of the Institute in terms of infrastructure been affected by this pandemic? Was it challenging to proceed in the infrastructure development?**

I see COVID as another important phase where the world in the pre and post covid era will be significantly different. For the past two years, a lot has been spoken about health, preventive measures



and nutrition, which can improve the quality of life. The lifestyle diseases like diabetes and hypertension has affected at least 1/4th of our adult population.

We need to look at all the aspects to have a safe and secure life. Every one of us must give serious thought to good health. All human beings have to live happily and the first thing that takes away happiness is poor health. Being not able to perform day-to-day activities affects mental health too. Health is the most important aspect of human life and COVID has made us think about a healthier community. This pandemic has taught us many lessons. We amended our teaching programs. Research activities should be encouraged at the undergraduate and postgraduate level to help serve the community better. Lastly, our existence should not disturb climate and nature. If our steps are against the ecosystem, nature will strike back. Nature has its own way to balance out everything. We, as one should protect Mother Earth to prevent occurrence of such diseases and natural disasters.

5. As stated earlier about the eco-friendly world, when we consider the eco-environment of AIIMS Bibinagar, within two years so many eco-friendly activities have been taken up by the Institute not only on the campus but also in the neighborhood like plastic-free programs, plantation programs, and also the most important of all, 'The AIIMS Vatika'. So, what is your further vision of an eco-friendly AIIMS campus?

The message of such activities should spread far and wide. We have to keep our surroundings clean and green and it was possible to do so with the help of faculty, students, paramedical staff, and neighbors who helped in making the institute a plastic-free campus. By ceasing to use plastics, we've ensured a clean environment. The honorable dignitaries who come to visit the Institute, adopt a plant and it is named after them and taken care of in the Vatika, a small piece of land that gives a great message.

A happy and healthy environment is the type of ecosystem we all want to establish. We should have good oxygen levels in the environment and we expect the future generations of students to carry forward this legacy with increasing momentum and others too should join this noble cause.

6. Being a Director with so much responsibility, you are always very much composed. What is the secret behind it?

When we work by putting all our heart, selflessly for the people with commitment and responsibility ensuring that it is not for personal gain. It is for the satisfaction of people. The best way is to give them something so that the happiness comes back to us. There are many challenges throughout the day and my principle is to accomplish the day's work on the very same day because if it is not completed on the same day, it will just get added to the next day's work. Piling up things will only generate stress making us lose our smile. So, I ensure that I finish my work for the day on time and go back home to catch up sound sleep and start the following day with a smile without any pending tasks.

Secondly, I emphasize on being result-oriented. For suppose, if we were to play a football match for 90 minutes which ends in a draw, it would fail to excite both the fans and the players. That is why we should set up some goals and try to achieve them, which is the essence of result-based management. So, I fix a goal and plan my strategies.

Thirdly, if the development of the hospital facilities is delayed, we miss opportunities to save many lives which would otherwise have been saved, so every day counts. It is not the bricks and sand that matter but the human lives. Work should be achieved as early as possible by rendering wholehearted services. I also enjoy watching sports like cricket and understanding the people.

7. Sir, as we all know, the MBBS student lifestyle can be an increasingly hectic one. So as a resort from our daily schedules, sport is a great avenue to spend our energy. Being an avid fan of sports



yourself, how well do you think AIIMS Bibinagar has brought sporting opportunities and infrastructure and how important do you think it is that students actively take part in sports?

Of course, fitness and happiness are the bigger goals of life. MBBS is indeed a difficult course with so many subjects and books to read. We have all gone through that phase, particularly during exams and inbuilt systems of academics which are very demanding. This generates stress among students, so they compromise their time with sports, recreation and physical activities. We have to organize ourselves. We cannot have a day beyond 24 hours. Even if God gives us 30 hours a day, the 6 extra hours are going to be used in the same way as they are done in 24 hours. One needs to organize and plan the day in such a way that one invests time in recreation, physical activities and talking to friends and family. It relaxes us and brain and body are ready to go back to academics and work.

We here at AIIMS, right in the beginning, and even during the COVID time, started with the cultural programs, we built the cricket ground, volleyball, badminton courts, the rainbow park where all can sit, dance, celebrate birthdays, festivals and enjoy. Students can also develop their literary skills. Some students are very good at writing poems and articles in different languages. We have a platform for developing such activities through our Institute magazine, "Invictus", which means a person who cannot be conquered. We also give opportunity to the nursing staff and faculty members to write in the second issue of the magazine which is nearly ready. March 10th is our annual day and we will make sure that the students will have sports activities, cultural programs and literary activities. Once they're back, we will also have a movie club for students to watch good inspirational movies. We also have a musical walking track for everyone in the campus, as it provides good relaxation. We have created this amicable environment for students to stay calm, be stress free and to be able to focus on academics.

- 8. Sir, a special question from students side especially our football and cricket team, because of the COVID pandemic we are not able to join with other institutes or invite other institutes to have AIIMS Premiere League. So can we expect in near future AIIMS Premiere League where other institutes can join AIIMS Bibinagar and we have inter-institutional sports?**

Yes very much. In fact, we had planned the AIIMS Premiere League for December and January but strangely Omicron destroyed our plan. We have already given this responsibility to one of our faculty member to get connected with various AIIMS. We have good number of AIIMS and have good network with them. Sports activities and cultural programs are being organized for the talented students. We will encourage them to participate in other AIIMS such as AIIMS New Delhi which has 'Pulse', similarly we have our event here as 'Spark'. We will invite them so that people can mingle, know and learn from each other, and establish mechanisms where they can showcase their talents beyond academics. We also have another concern about the loss of academic days because of COVID. The first major objective is to complete MBBS and other courses within the scheduled time. We will see what best we can do. I want the first batch, 2019 batch to start their internship program on time which is on January 1, 2024. Despite COVID, we have covered up lot of lost days. The best way is to utilize some days of summer vacation and increase teaching hours by about an hour on certain days and finding time for extracurricular activities as well.

- 9. Sir, AIIMS Bibinagar is establishing its strong base in research. We have 1 International and 9 National collaborations with reputed institutes. So how do you look upon this achievement of ours and what more do we have to do to sustain this? Also when can we expect AIIMS Bibinagar to be an excellent Research Hub?**

Collaboration with various Institutes is very important as it generates a lot of ideas, innovations and paves way for high quality research. The collaborating Institutes complement each other and make up



for the resources they lack, be it skilled manpower or equipment. Research collaborations should encompass fields which can be implemented at community level for the betterment of humankind and public health. That is the reason why we started collaborating with reputed Institutes at the very beginning.

I am encouraging the students to be an active part of research. Our Dean, Research is looking into the various STS projects and a large number of students have applied for STS. We have also created opportunities for faculty members by funding their research. We have many good research projects with funding from reputed organizations such as UNICEF and ICMR. I am very happy that our Institute gives research opportunities to both undergraduate students and faculty.

In a short span of less than a year, we have been working in this direction and moving forward. Till date, we have more than 160 publications from our faculty and colleagues with the affiliation to our Institute, AIIMS Bibinagar. We have 49 intramural research projects submissions and some of them have already started. I am sure the outcomes of our research will be for the betterment of the world.

10. Sir, do gold medals truly determine our destiny as future doctors? Can you kindly give us advice, as our mentor and guardian, about how we should separate our academics from other explorative cravings we have as young adults?

Gold medals in academics are important because they recognize the hard work, and excellence achieved by the students. To honor their efforts, we give gold medals to the topper of various subjects at undergraduate level. We plan to introduce the same at postgraduate level as well. The Institute also encourages achievers in other fields such as sports, literary activities, and cultural programs by awarding medals. These medals of excellence motivate them. Later in life these medals will become a nostalgic memory, which will remain with them forever.

I usually say that success in life is not defined just by what you have achieved or accomplished but also by how satisfied are you in your life, and by your contributions to community, organization and Nation. That's the success in life! All that can be done even if you have won a gold medal or don't. If out of 100 students, one person has got a gold medal, 99 will not be achievers? No, all 100 students can be achievers in their own way. I believe leadership qualities should also be developed along with the academic excellence. There should be an overall personality development of a student in various facets.

11. Sir, at the start of the pandemic, every medical institute was worried about the COVID care services even, the established medical institutes. Our Institute was in the budding stage at that time. Even before starting the inpatient services, AIIMS Bibinagar had started the critical health care services or the COVID care center for the people of Telangana. So what were the challenges that we, as a new Institute, faced to start such services especially in the pandemic period?

When we face a crisis, it's our moral duty to understand the gravity of the situation and come up with an innovative solution. The entire world faced a dire situation during the pandemic when people were dying and there were no sufficient medical facilities. We, at AIIMS Bibinagar, worked together as a team. We made use of available resources and started our services with 25 beds. The next problem we tackled was the unavailability of oxygen cylinders. A lot of benevolent people and organizations came forward as a part of CSR. We received medical equipment from GOI and as foreign aid too. This was our first ray of hope.

We strengthened our labs, trained our staff, established RT-PCR laboratories and organized a good deal of things in a short period. We smartly utilised the time we got in between the 1st and 2nd waves of COVID, preparing ourselves for challenges we might come across in the future.

During the pandemic, we admitted patients from the nearby areas. Most of them were poor people



who didn't have an opportunity to go elsewhere. We provided them with necessary medical services and offered meals, free of cost. Our doctors, nurses and ancillary staff worked really hard and dedicated themselves in caring for the patients.

Today, the number of beds in COVID care has increased to 100. We have done more than 20,000 RT-PCR tests. We also worked towards establishing the oxygen plants which were commissioned with the help of the Govt through DRDO. We have successfully established an Intensive Care Unit required for managing the serious COVID cases. We are "Atma Nirbhar" now and we generate our own oxygen for use by the operation theaters and ICU beds. This gave us a lot of strength that we were ready to provide the best cure possible during this COVID phase. Omicron has started showing signs of decline. Now we have started treating non-COVID patients in the IPD.

12. Adding to that sir, AIIMS Bibinagar also has the COVID vaccination center. How was the response in the initial few days of its establishment?

COVID vaccinations are one of the most important interventions which really helped protect the front line workers and people all over the world against COVID. We started the vaccination drive for health care workers on 21st January, 2021. There was a bit of hesitation and a lot of apprehensions in the beginning regarding the vaccines and their efficacy. Fortunately in India, both COVAXIN and COVISHIELD were available and we were provided with both.

I got vaccinated on the 21st January last year to reassure everybody that it is safe. Our staff had received both doses, January to March. So far, we have vaccinated about 17,000 beneficiaries. Anyone can walk in and/or register on the COWIN platform to utilize our services. In this pandemic, vaccination became our biggest strength.

13. Sir, many parents have apprehensions regarding adequate clinical exposure of students with the patients in a budding Institute. What do you advise them and what are your plans on this sir?

We will always ensure that the facilities needed for clinical exposure and training purposes of our students be provided timely in a need based manner. In our Institute, we have not only undergraduates but have also started the post graduate programs. For some time, we were not admitting non-COVID patients to make room for COVID patients. Now we have 100 beds ready with oxygen supply. We have already admitted over 400 patients in IPD. Following discussions with the Medical Superintendent and other faculty members, we started admitting patients in different specialities. Our first batch of students who are in their 3rd year, are quite comfortable and satisfied with the clinical exposure and training. We have one functional operation theatre at present and are planning to start two more. We have established skill-based labs and procured equipment for skill training. Admissions of critically ill patients to the Intensive Care Units have also begun. Our OPD includes multiple specialties and our patient turnover is around 300-500 per day. I can proudly say that we've never closed our OPD services even during COVID. The e-Sanjeevani platform and Teleconsultation are available for the patients, who can't come to the hospital physically.

Another aspect which I want to highlight is our collaboration with the district hospital in Bhongir. We are sending our doctors and faculty particularly from departments of OBG and Pediatrics to the district hospital which has got 100 beds and good neonatal and obstetric case load. This will provide good clinical exposure to our medical students.

Mahatma Gandhiji said, "India lives in villages". We have a rural health center which is about 20km from here. We are working to get 10 acres of land on which we plan to build a rural hospital. This will cater to the needs of adjacent rural communities. This will also facilitate a better understanding of the local social and economic issues. Space being a constraint presently, we shall soon expand our services and



facilities. Have no apprehensions. The students will not miss anything, and they'll feel very happy and proud when they leave this institution.

14. Sir, handling many things in the academic front and hospital side, how do you have personal time Sir, and what are your hobbies in this leisure time?

Personally, I am very fond of traveling. By visiting other countries and talking to different people, we get to learn about their culture. I am fond of sports; I love watching matches; be it tennis, cricket, hockey or any other game. Given an opportunity, I prefer to go to the stadium and watch the match live with all the noise and excitement in the stadium, I become a part of that excited crowd. I really enjoy that! I enjoyed life as a young boy during MBBS. I was also very fond of writing. I enjoy soothing music, I find it very relaxing. I am in regular contact with my children and old friends and have long chats with them. I think it's extremely important to enjoy life. We are given one life and we must make the most of it by doing our duty and also enjoying it. I usually say, "work hard and enjoy harder". I try to see that I don't compromise on those two fronts. I believe India is my "Karma Bhoomi", so here I concentrate on my work but once I am away from here then I see that I enjoy fully. I prefer to take healthy food. I also ensure that people who are in my company enjoy it as well. We should make it a point: "Professional life and personal life should never be mixed".

15. Sir, how can we students contribute to the development of the institute?

You, students are the future of this country! You are the future doctors so you all should strive to become not only good doctors but also kind human beings. The commitment which you have to your profession and to yourselves should be life long. Always remember your parents and your family, expect you to become a good doctor and a wonderful human being. Parents feel very happy seeing the growth in their children. Never have any negative feelings.

The academic program, at times can be challenging. If in a particular exam a student has not been able to achieve the expected result, he/she should not get disheartened- ups and downs keep coming in life. Failure can happen at any stage of life. A successful person or achiever is one who comes out of these failures. Failure is a part of success. If you have succeeded after facing failure, then you have demonstrated strength of character. When you have such a strong mind, you will be able to contribute in every sphere of this Institution, in the growth of this Institution!

Take care not to harm the reputation of this Institution by your words or actions. This is "your" Institute. The certificate awarded on completion of your course, has your name, your parent's name and on the top, it has the name of the Institute also, so, it's part of you. You will be alumni of this Institute and it will be an inseparable, permanent part of your life.

Contribute to the Institute - in academics, in sports, in keeping our campus clean and green and in building our reputation. Enjoy every part of your student life. Contribute to the community. We are going to adopt 6 villages in this district. You can join the mission and understand what people think and what do they expect from you. Doctors are the role model for people.

In India, doctors are highly respected in society. People trust you, they believe in you. Being a part of AIIMS carries a lot more responsibility because you are representing one of the top institutions of India. You have an important role in building our Nation. During this 75th year of Indian independence "Azaadi ka Amrit Mahotsav", it is extremely important that you, me, and every citizen of this country take pride. Ensure that everyone in India is happy and healthy.

● Jai Hind ●

संवेदना

डाक्टर साहेब, आलापल्ली चल रहे हो क्या? नज़र उठाकर देखा तो महारा स्टेट ट्रांसपोर्ट ज्यादा दिमाग पर जोर दिया तो याद १९९४ दिसंबर में असीसी हुआ था। उसके पिता ने ६ साल बाद

मुझे याद आया कि उस साल कड़ाके मरीजों की आवाजाही थोड़ी कम हो थोड़ा फ्री हो जाता था। खिसमस थी। भी तैयारियों में जुटी थी। होस्टल के को संवारने में जुटे थे। हर कोई अपने-था। और मैं अपने कालेज से २६४ किमी पद पर आसीन अपने रूरल सर्विस के आखिरी हमारे १९८७ बैच से रूरल सर्विस पहली बार

इसका काफी विरोध किया था, लेकिन वहनजी (डा. सुशीला नायर) तो बस अड़ी रहीं। हम लोग कोर्ट में भी गए, पर फैसला कोसों दूर था। कोई और रास्ता न मिलने पर हम लोगों ने गांव में जाकर रूरल सर्विस करना ही बेहतर समझा और मैं महाराष्ट्र के गढ़चिरोली जिले के छोटे से गांव के मिशन अस्पताल में पहुंच गया।

फिर से मेरे कानों में आवाज आई - “ मैं आपको याद हूँ क्या? ” यह सुनकर दूसरी याद दिमाग में घूम गई। उस ठंडी की रात में अचानक से मेरे घर की घंटी बजी। रात के लगभग ११ बजे थे। द्वार खोला तो सिस्टर विक्टोरिया सामने खड़ी थी। पूछा तो बोली कि एक बहुत ही सीरियस बच्चा आया है, साथ में स्टेट ट्रांसपोर्ट की दो बसें भरकर लोग आए हैं और काफी गुस्से और तकलीफ में है। पता चला कि अहेरी तालुक अस्पताल के बच्चों का डाक्टर अपनी ड्यूटी से नदारद था और इन लोगों के पास हमारे अस्पताल के अलावा दूसरा चारा १२० किमी दूर चंदपुर का जिला अस्पताल था। क्योंकि उस समय सड़कों की हालत अच्छी नहीं थी उन सब लोगों को हमारे अस्पताल ही सबसे अच्छा विकल्प लगा।

अगले ही पल में, मैं उस बच्चे के बिस्तर के पास खड़ा था। बच्चा बुखार से तड़प रहा था और उसके हाथ-पैर ऐंठ रहे थे। तब तक मैं उस अस्पताल में काफी सारे सेरिब्रल मलेरिया द्वारा पीड़ित बच्चे देख चुका था, पर इस बच्चे की बीमारी उन सब से थोड़ी भिन्न थी। क्यों थी, इसका जवाब उस चिकित्सक के पास नहीं था, जो कि अपनी इंटर्नशिप खत्म कर के रूरल सर्विस खत्म होने का इंतजार कर रहा था। मैंने बच्चे के माता-पिता को बताया कि इस बच्चे को एक अच्छे अस्पताल में ले जाना चाहिए जहां पर बच्चे का स्पेशलाइज्ड डाक्टर हो। पर वो लोग बच्चे को हमारे पास ही रखने का मन बना चुके थे। मैंने और दो सिस्टर्स ने मिलकर सारी रात बच्चे को इनवेस्टीगेट और ट्रीट करने में लगा दी। रात के एक बजे तक बस वापस चली गई थी, लेकिन १०-१५ लोग कोरिडोर में खड़े थे। सुबह के ७ बजे हमारी तमाम कोशिशों के बावजूद उस बच्चे ने दम तोड़ दिया। कोरिडोर में जोर-जोर से आवाजें आ रही थीं। सब खत्म होने के बाद मैंने उस बच्चे के माता-पिता का हाथ पकड़ा और उनकी आंखों से आंसुओं की झड़ी निकल पड़ी। अकेला बच्चा था उनका। मेरी भी आंखें गीली हो गईं और इतने सालों बाद आज भी हो गईं। थोड़े समय के बाद फोर्मेलिटी खत्म करने के बाद वो लोग पार्थिव देह को लेकर जाने लगे, उस समय के उसकी माता के शब्द मुझे आज भी याद है - “ सिस्टर, आपने और डाक्टर साहेब ने सब कोशिश की, हमारी किस्मत ही खराब थी। ”

आज २०२१ में, मैं जब एक मेडिकल कालेज का शैक्षिक अधिष्ठाता हूँ, थोड़े समय पहले कुछ विद्यार्थियों से संवाद करते हुए एक विद्यार्थी ने पूछा कि, “अगर अस्पताल में कुछ हो जाए तो क्या हमें सेल्फ डिफेंस आना चाहिए? और क्या हमारे कालेज में सेल्फ डिफेंस सिखाया जाएगा? ” शायद समय बदल गया है, पर आज भी मेरे लिए एक डाक्टर का सबसे बड़ा सेल्फ डिफेंस उसकी संवेदना/ एम्पथी ही है।

सुनते ही मेरे कान में कई यादें घूम गईं। बस का ड्राइवर खड़ा मुस्कुरा रहा था। आया कि वह उस बच्चे का पिता था जो सेवासदन, नागेपल्ली अस्पताल में भर्ती भी मुझे याद रखा था।

की सर्दी पड़ रही थी। अस्पताल में गई थी। शाम को ८ बजे के बाद मैं सेंट असीसी कान्वेंट की सारी सिस्टर्स सारे बच्चे, चर्च और अस्पताल के कैपस अपने तरीके से खिसमस मनाना चाहता दूर इस मिशन अस्पताल में चिकित्सक के २ महिनें खत्म होने की प्रतीक्षा कर रहा था। किसी मेडिकल कालेज ने चलाई थी। हमारे बैच ने

डा. राहुल नारंग,
डीन, एम्स बीबीनगर



राजभाषा समिति

अखिल भारतीय आयुर्विज्ञान संस्थान बीबीनगर : हिंदी पखवाड़ा २०२१

१ सितम्बर २०२१:

राजभाषा हिंदी के प्रचार-प्रसार हेतु,
अखिल भारतीय आयुर्विज्ञान संस्थान बीबीनगर हैदराबाद
में हिंदी पखवाड़ा का शुभारंभ।
इस कार्यक्रम में मुख्य अतिथि - श्री होमनिधि शर्मा
(हेड, राजभाषा ; भारत डायनामिक्स लिमिटेड)
द्वारा व्याख्यान दिया गया।

राजभाषा समिति द्वारा हिंदी काव्य प्रतियोगिता - अल्फ़ाज़ २०२१
का आयोजन किया गया।

इस प्रतियोगिता में अखिल भारतीय आयुर्विज्ञान संस्थान
बीबीनगर ही नहीं, अपितु अखिल भारतीय
आयुर्विज्ञान संस्थान पटना एवं अखिल भारतीय
आयुर्विज्ञान संस्थान भठिंडा के छात्रों ने भी ऑनलाइन माध्यम से
भाग लिया। समस्त प्राध्यापक गण,
छात्र एवं स्टाफ़ इस कार्यक्रम में उपस्थित रहे।



६ सितम्बर २०२१:

अखिल भारतीय आयुर्विज्ञान संस्थान बीबीनगर, हैदराबाद में राजभाषा प्रबंधन विषय पर श्री वी एन तिवारी द्वारा व्याख्यान दिया गया।
कार्यक्रम की शुरुआत माननीय संकायाध्यक्ष डॉ राहुल नारंग के संबोधन से की गई। मुख्य वक्ता डॉ वी एन तिवारी ने अपने व्याख्यान में देश के सर्वांगीण विकास के लिए भाषा के महत्व पर प्रकाश डाला। उनका मानना है कि भाषा कभी भी वित्ता का पर्याय नहीं हो सकती है। भाषा तो अभिव्यक्ति का माध्यम है।
इस कार्यक्रम के अंत में डॉ वी एन तिवारी ने देवनागरी लिपि में टाइप करने एवं अनुवाद करने की विधि का प्रायोगिक प्रशिक्षण भी दिया।
समस्त प्राध्यापकगण और नर्सिंग स्टाफ़ इस कार्यक्रम में उपस्थित रहे।
इस कार्यक्रम में राजभाषा समिति के समस्त सदस्यों ने अपना महत्वपूर्ण योगदान दिया।

१४ सितम्बर २०२१

अखिल भारतीय आयुर्विज्ञान संस्थान बीबीनगर में हिंदी पखवाड़ा के अंतर्गत दिनांक १४ सितंबर को हिंदी दिवस का आयोजन किया गया।
कार्यक्रम की शुरुआत माननीय निदेशक महोदय डॉ विकास भाटिया, चिकित्सा अधीक्षक डॉ नीरज अग्रवाल, उपनिदेशक (प्रशासन) कर्नल एस पी अनंतराव एवं निर्णायक गण डॉ नितिन अशोक जान एवं डॉ अरविन्द मौर्या की उपस्थिति में की गयी।
इस कार्यक्रम के अंतर्गत प्रतिभागियों ने वाद विवाद प्रतियोगिता एवं अनुच्छेद पाठन प्रतियोगिता में हिस्सा लिया। प्रतियोगिता के अंत में पुरस्कार वितरण किया गया। इस कार्यक्रम में राजभाषा समिति के समस्त सदस्य, प्राध्यापकगण और छात्र-छात्राएं उपस्थित रहे।





మాతృ భాష. చిన్నప్పుడు మొదట పలికే పలుకుల నుండి మనం చివరి స్వాస తీసుకునే వరకు మాట్లాడేది మన మాతృ భాషలోనే.

మన జీవితంలో ఇంత ప్రాముఖ్యత ఉన్న మాతృ భాషకి ఈ లోకంలో ఎంత ప్రాముఖ్యత ఉంది?

నేను పత్రిక కోసం వ్యాసం రాయాలని అనుకున్నాను. మొదట ఆంగ్లంలో వ్యాసం రాసాను. నాకు అదే సులభంగా అనిపించింది. మా స్నేహితురాలు తెలుగు వ్యాసం రాస్తూంటే, అప్పుడు అనుకున్నాను, నా మాతృభాషతో నాకు దూరం పెరిగిందా?

నాకు నవలలు చదవడం అంటే చాలా ఇష్టం. నేను చదివే నవలలన్నీ ఆంగ్లంలో నే ఉంటాయి. తెలుగు చదవడం కష్టం అనిపిస్తుంది. మా నాన్నగారు ఎప్పుడు తెలుగులో సందేశం పెట్టినా, అమ్మని గానీ, నాన్నని గానీ చదివి వినిపించమంటాను. కానీ, బాధ, సంతోషం వచ్చినప్పుడు నా మనస్సు లోని మాట వ్యక్తపరచడానికి సహాయపడేది నా మాతృ భాషే.

మరి ఎందుకు మాతృ భాషకి నాకు ఇంత దూరం పెరిగింది? ఇలా నన్ను నేను ప్రశ్నించుకోగా నాకు జవాబు దొరికింది.

బడి నుండి పై చదువులదాక మనం వాడేది ఆంగ్లం. మనం ఆంగ్లం ఎంత వాడుతున్నామంటే మన ఆలోచన తీరు కూడా ఎక్కువ శాతం ఆంగ్లంలో నే ఉంటుంది. ఇంత ఆంగ్లం వాడే మనము, ఆకస్మాత్తుగా తెలుగులో ఆలోచించాలన్నా, రాయాలన్నా తడబడతాము. దీనికి ఒక్కటే మార్గం, అప్పుడప్పుడు తెలుగులో కథలు, వ్యాసాలు, కవితలు చదువుతూ ఉండాలి. ఎప్పుడైనా ఒక పత్రికలో మన మాతృ భాషలో మన భావాలు వ్యక్తపరిచే అవకాశం వస్తే, దాన్ని వినియోగించుకోవాలి. అప్పుడే, నా మాతృ భాష నాకు సమీపంగా ఉంటుంది.

ఆంగ్లం నేర్చుకోవడం మంచిదే, మనం ఏ దేశం వెళ్ళినా అక్కడ ఆంగ్లం మాట్లాడేవాళ్ళు ఉంటారు. కాని ఆంగ్లం అలవాటు చేసుకొని మన మాతృభాషను మరిచిపోవడం మంచిది కాదు. మన పూర్వీకులు, కుటుంబం ఇచ్చిన ఆస్తి మన మాతృ భాష.

-అమూల్య శ్రీ రాచూరి

Covid 19

Vaccination Drive for MBBS Students

COVID 19 vaccination drive at All India Institute of Medical Sciences (AIIMS) Bibinagar, Telangana was inaugurated by the Honourable Director of the Institute, Prof. Dr. Vikas Bhatia in the presence of Medical Superintendent, Prof. Dr Neeraj Agarwal, DDA Col. S. P. Anantrao, Additional MS Dr Kalyani, Nodal Officer Dr Govindrao, DIO Dr Paripunachari, all faculty members and staff on 21st January 2021.

In our Institute, we have successfully vaccinated all MBBS students. 1st dose was taken by 112 on 4th February 2021, 2nd dose was taken by 112 on 4th March 2021 and precautionary dose was given on 10th January 2022 for 63 students. With the support of MoHFW, Government of India, we are going to vaccinate all people those who have not taken and who are hesitant to take vaccine to achieve our goal "COVID free India".



AIIMS Bibinagar

Azadi Ka Amrit Mahotsav

Fit India Freedom Run

2.0

AIIMS Bibinagar celebrates "Azadi Ka Amrit Mahotsav" by launching 'Fit India Freedom Run 2.0'

To commemorate the occasion of 75 years of India's independence, "Azadi Ka Amrit Mahotsav" in AIIMS Bibinagar and in co-operation with the nationwide launch of Fit-India Freedom Run 2.0, we conducted a 3k run commencing from AIIMS Vatika, AIIMS at 4:30 pm today.

The run was flagged off by Executive Director Dr. Vikas Bhatia, and graced by Dean, Prof Rahul Narang Sir, Medical Superintendent, Prof Neeraj Agarwal and DDA, Col. SP Anantrao. All faculty members, nursing officers, staff and students had joined the run. The event was organized by the Sports and Fitness club and committee members.





BLS workshop

Basic Life Support (BLS) aims to equip everyone with basic life saving skills. During earlier days, cardio - pulmonary resuscitation (CPR) was possible only on victims of cardiac arrest. With the availability of mannequins, it has become possible to have hands on experience on BLS, so that we are fully prepared in the event of any causality.

In order to impart these skills to the entire hospital, the Department of Anaesthesiology conducted a BLS workshop from the 30th August to 2nd September 2021. A total of 275 delegates had hands on experience to Basic life support which included 130 students, 84 nursing officers, 31 faculty, 30 Residents. They were divided into batches and trained over four days.

This workshop was graced by the Honorable Director, Prof. (Dr.) Vikas Bhatia, Dean Prof. (Dr.) Rahul Narang, and Medical Superintendent Prof. (Dr.) Neeraj Agarwal. This workshop focused to improve the standard of care that will be delivered to the patients of our hospital and also to the community at large.

Various components of BLS such as Identifying an unresponsive victim, checking for scene safety, calling for help and initiation of "high quality CPR" were discussed and the delegates had a hands-on experience as well. They were also taught on airway maneuvers to facilitate rescue breaths, bag-mask ventilation and pediatric BLS.

Such workshops will be conducted periodically in order to train and impart these skills to the entire hospital staff.



Vaccination Rally

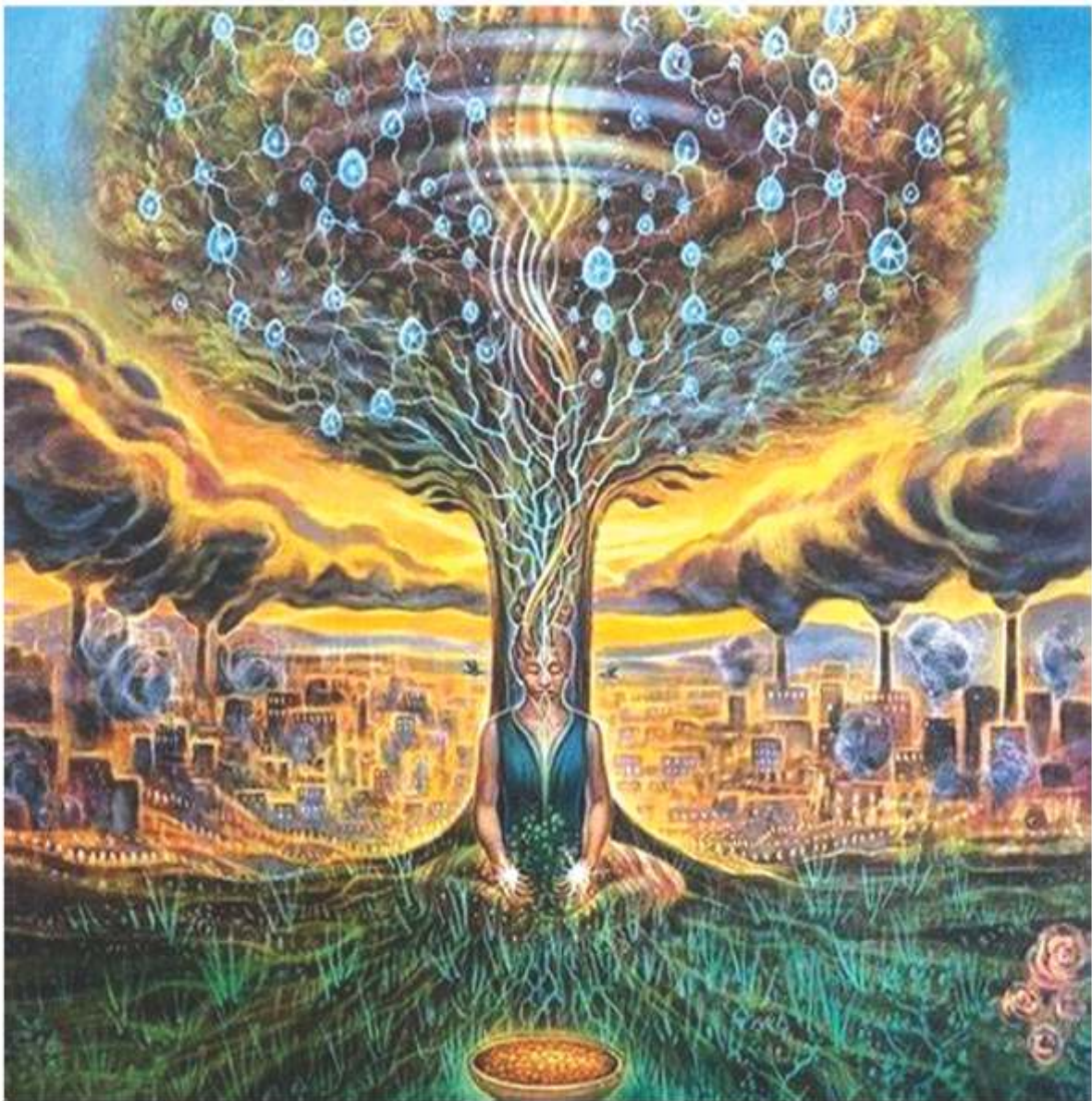
Together we stand...

AIIMS Bibinagar, under the aegis of Executive Director, Prof. (Dr.) Vikas Bhatia organized a Vaccination Rally. The Dean of the Institute, Prof. (Dr.) Rahul Narang and Medical Superintendent, Prof. (Dr.) Neeraj Agarwal along with all faculty, students and nursing officers actively participated in the rally. The AIIMS Bibinagar family along with its active, visionary Director, marched till Bibinagar lake from the Institute marking the completion of 100 crores COVID19 vaccination in India.

After reaching the lake, all the participants released balloons in the sky, expressing their happiness on this matchless achievement of the country. During his address, Honorable Executive Director congratulated all countrymen for their active participation in immunization. The Director also added that this success was possible due to strong leadership in the country and the efforts of all medical and paramedical staff, who worked effortlessly for the safety of all citizens.







*Knowledge is power;
Power is Wisdom, and
Wisdom is Understanding*